

Droitwich Spa Meeting Centre Info Sheet

What is a Meeting Centre?

It is an exciting and innovative new service for people living in Droitwich and surrounding areas with mild and moderate dementia which is designed to provide support to them and their families/carers, and offer an enjoyable, flexible and adaptive programme.



Meeting Centres have been successful in the Netherlands for over 20 years. The approach is evidence-based and person-centred, focusing on helping both the individual and their family adapt to living with dementia. Droitwich has been chosen by the Association for Dementia Studies and the Alzheimer's Society as the location for the first UK Meeting Centre. Others have been piloted in Italy and Poland.

What happens at the Meeting Centre?

Clients

- Recreational and social activities, such as reading the newspaper, painting, singing, preparing lunch and shopping and activities you might like to suggest.
- Training and therapy, such as reminiscence, dance, music and movement.

Family carers

- Informative meetings.
- Discussion groups.
- Assistance with practical, emotional and social issues.

For both clients with dementia and their carers

- Weekly consulting sessions.
- Social activities and excursions.

What are the opening times of the Meeting Centre and where will it be?

- Wednesday, Thursday and Friday at the Community Hall in Droitwich Spa. 10.30 am to 4 pm – to be finalised.

Do I have to attend every day and/or all day?

- It is not expected that people will attend every day or all day – the programme is to suit individual needs. However we would like people to book places in advance to help with planning.

May I attend every day?

- This will depend on demand which, as this is a pilot project, we are not sure of at the moment. You will need to book attendance in advance.

How much will it cost for me to attend?

- Attendance will be free for the pilot (first) year. You will be expected to pay for lunch and for any additional sessions such as a hairdresser or for trips out.

I live in one of the Droitwich Spa surrounding villages will I be able to come to the Meeting Centre?

- The Meeting Centre is intended to be for people in Droitwich Spa and the surrounding area. Attendance will depend on assessment and availability. There might be a waiting list and we cannot promise a place at this stage.

Will transport be available?

- You will be expected to make your own way to the Meeting Centre. You might be able to arrange transport via the Droitwich Community Transport Scheme - 01905 779778 Monday to Friday (9:00am to 1.00pm).

What do I need to do to attend the Meeting Centre – who do I need to contact?

- You can make contact or be referred via your GP, Dementia Adviser and the Early Intervention Dementia Service for example. Please speak to them about it or you can ring the Alzheimer's Society 01905 621 887.

For more information please email dementia@worc.ac.uk or contact Shirley Evans on 01905 542664 or shirley.evans@worc.ac.uk or Mike Watts on 01905 542531 or m.watts@worc.ac.uk