



The European funded MEETINGDEM Project

March 2014 to Feb 2017

Meeting Centres are an innovative way of supporting people with mild to moderate dementia and their families through an evidence-based, person-centred approach. Meeting Centres are designed to provide support to people living with dementia and their families/carers, and offer an enjoyable, flexible and adaptive programme.

This project led by the VUmc University Amsterdam, focuses on establishing Meeting Centres in the UK, Italy and Poland and evaluating the impact of these Centres after 12-18 months of operation.

www.meetingdem.eu



Association for Dementia Studies

www.worcester.ac.uk/discover/association-for-dementia-studies

The Meeting Centre approach

Meeting Centres have been successful in the Netherlands for over ten years. The approach is evidence-based and person-centred, focusing on helping both the individual and their family adapt to living with dementia. A permanent professional team of staff and volunteers provide a range of social and informative activities up to 3 days a week.

What are the benefits?

- Higher self esteem.
- Reduced symptoms of depression.
- Enhanced mood and behaviour.
- Delay in admission to residential care.
- Carers feel less isolated and more supported.

What are we doing now?

An 'Initiative Group' of interested parties including people with dementia and their families, volunteers and professionals is involved in planning and implementing the opening of a UK 'pilot' Centre in Droitwich Spa in September 2015.

To find out more please contact us: dementia@worc.ac.uk 01905 542531